



# Driving the shift upstream to more prevention and best care in the right setting

**NHS Five Year Joint Forward Plan**

Healthwatch Board briefing – 25<sup>th</sup> May 2023

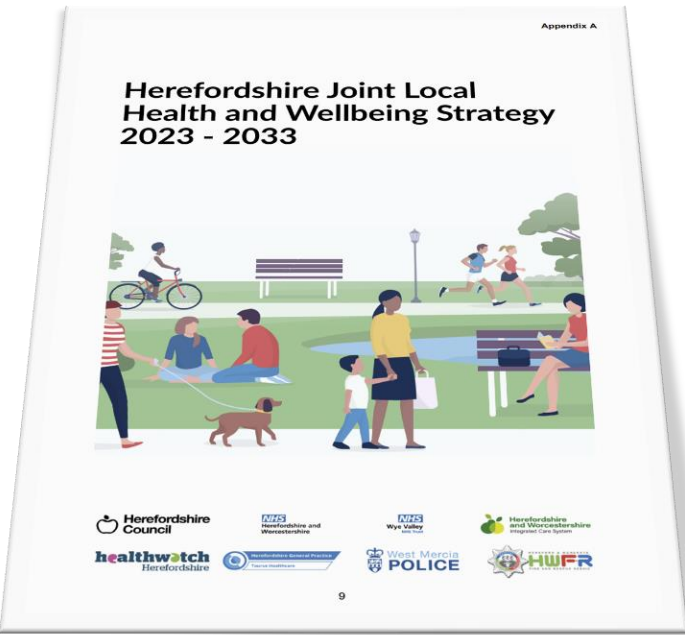
# What is the JFP

- **A single NHS plan** produced by the ICB, NHS Trusts and Primary Care.
- **Delivery focused** – how the NHS will deliver priorities set out in other strategies (no new priorities here).
- **Rolling plan** – will be updated in year, and each year. For example first update is likely in September to align to the system medium term financial strategy.
- **Very broad scope** – *“As a minimum, the JFP must describe how the ICB and its partner trusts intend to arrange and/or provide NHS services.....”*

# List of legislative requirements

- The health services for which the ICB proposes to make arrangements
- Duty to promote integration
- Duty to have regard to wider effect of decisions
- Financial duties
- **Implementing JLHWS**
- Duty to improve quality of services
- Duty to reduce inequalities
- Duty to promote involvement of each patient
- Duty to involve the public
- Duty to provide patient choice
- Duty to obtain appropriate advice
- Duty to promote innovation
- Duty in respect of research
- Duty to promote education and training
- Duty as to climate change
- Addressing the particular needs of children and young persons
- Addressing the particular needs of victims of abuse
- Workforce
- Performance
- Digital/data
- Estates
- Procurement/supply chain
- Population health management
- System development
- Supporting wider social and economic development

# The JFP is the NHS contribution to .... The two Health and Wellbeing Strategies



Herefordshire's Joint Local Health and Wellbeing Strategy (JLHWS) was approved in April 2023 and covers a 10-year period.

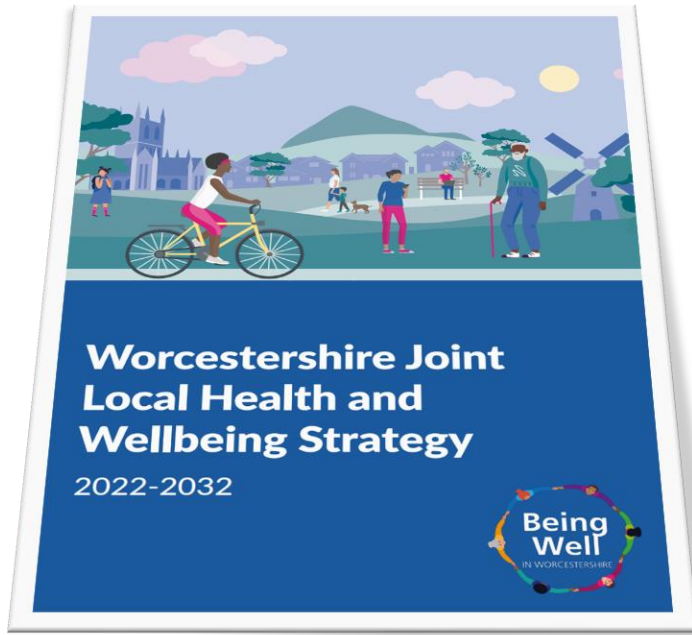
It was developed collectively by partners working together to agree a common ambition and set of priorities that were clearly identified through an extensive engagement exercise.

There is very strong alignment between the JLHWS and the Integrated Care Strategy, with both documents sharing a common vision and complementing priority areas of focus.

Worcestershire's Joint Local Health and Wellbeing Strategy (JHLWS) was approved in November 2022 and also covers a 10-year period.

Development of the strategy occurred in parallel with early work on developing the Integrated Care Strategy, which enabled strong alignment in some key areas.

Mental health runs through all three of the Integrated Care Strategy themes (mental health for children as part of the best start priority; good mental health through living ageing and dying well (particularly focus on therapies and dementia care and reducing suicides as part of the third priority.



Herefordshire JLHWS Core Priorities	Integrated Care Strategy Priorities		
	Best start in life	Living, Ageing and Dying Well	Prevent ill health and premature death from avoidable causes
Best start in life for children	●		
Good mental wellbeing throughout life	●	●	●

Worcestershire JLHWS Core Priorities	Integrated Care Strategy Priorities		
	Best start in life	Living, Ageing and Dying Well	Prevent ill health and premature death from avoidable causes
Good mental health and wellbeing	●	●	●

● Directly aligned priorities where work led and undertaken at county level will directly deliver the Integrated Care Strategy priorities at System level

# The JFP is the NHS contribution to .... The Integrated Care Strategy and .....



## Strategy On A Page Good health and wellbeing for everyone 2023 - 2033



**Improve outcomes**  
in population health  
and healthcare



**Tackle inequalities**  
in outcomes, experience  
and access



**Enhance productivity and value for money**



**Support broader social and economic development**

We have collectively developed a **CLEAR VISION AND MISSION** for integrated care across Herefordshire and Worcestershire for the next 10 years....

To deliver this, we need to make the following **8 COMMITMENTS** for how we will integrate care...

Our two Joint Strategic Needs Assessment's clearly identify a number of key **SHARED PRIORITIES** for what we are seeking to improve

Integrated with and aligned to the **TWO JOINT LOCAL HEALTH AND WELLBEING STRATEGIES**

Supported through a consistent and shared approach to **STRATEGIC ENABLERS**

Working together with people and communities to enable everybody to enjoy good physical and mental health and live independently for longer

1. Maximising the opportunity to work together as partners to build connections, share learning and address shared challenges in the short and long term

2. Focusing on prevention, personalized care and taking action to address health inequalities and vulnerabilities.

3. Enhancing health and wellbeing by taking an integrated approach to areas such as housing, jobs, leisure and environment.

4. Supporting people and carers to take responsibility for their own and their families health and wellbeing and working to enable their independence.

5. Co-producing solutions with individuals, carers, our communities and Voluntary & community sector organisations as equal partners with collective responsibility.

6. Making the right service the easiest service to access and providing it as close to home as possible.

7. Delivering better value for money, stopping duplication and using population health management to be smarter in how we target interventions.

8. Using digital to make services more accessible and effective, but never forgetting the risks of digital exclusion.

### Providing the best start in life

- Eliminate smoking in pregnancy
- Reduce infant mortality
- More children who are a healthy weight
- Improving oral health and reducing tooth decay
- Increasing number of children who are school ready
- Improve social, emotional and mental health & wellbeing

### Living, ageing and dying well

- Support people to enjoy good mental health and wellbeing
- Increasing physical activity and reducing unhealthy behaviours
- Increasing timely diagnosis of dementia
- Reducing inequality of health outcomes for people with learning disabilities & autism
- Improving access to urgent care services
- Improving access to primary and community-based services (inc pharmacy, optometry and dentistry)
- Providing end of life care to enable patients to die with dignity
- Delivery of the ICS commitment to carers

### Reducing ill health and premature deaths from avoidable causes

- Improving targeted provision and uptake of primary, secondary and tertiary prevention services..
- Proactively reducing inequalities in access, experience and outcomes
- Providing timely cancer diagnosis and treatment
- Reducing the risk of cardiovascular disease and improving stroke care
- Reducing deaths by suicide

### Worcestershire Joint Local Health and Wellbeing Strategy

- Good mental health and wellbeing, supported by:
- Healthy living at all ages
  - Safe, thriving and healthy homes, communities and places
  - Quality local jobs and opportunities

### Herefordshire Joint Local Health and Wellbeing Strategy

- Core Priorities:
- Every child has the best start in life
  - Good mental health throughout lifetime
- Supported by 6 additional priorities, addressing the wider social determinants of health



People & workforce



Engagement & co-production with people & communities



Clinical & care professional leadership



Quality & safety

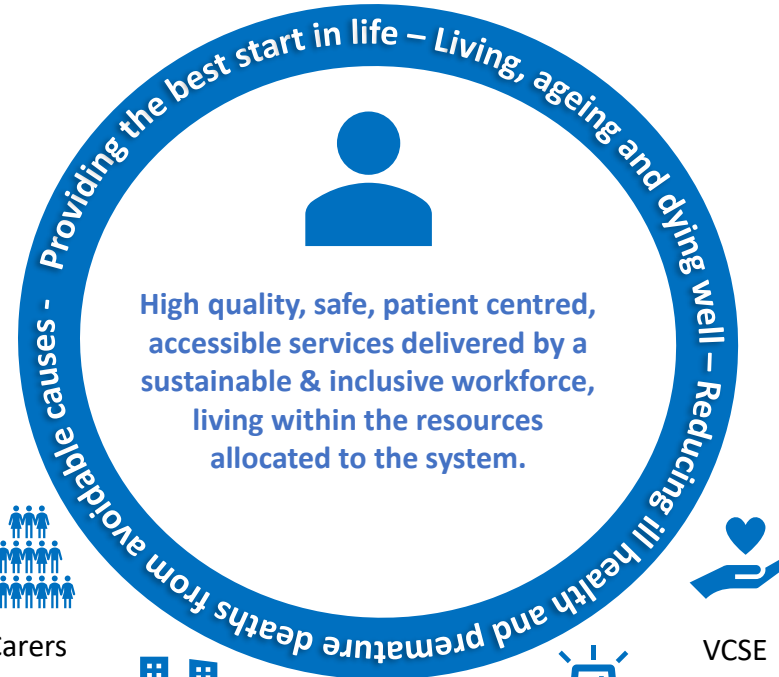


Digital, data and analytics

# Driving the shift upstream to more prevention and best care in the right setting

## More focus on:

-  **Self-care and independence**, enabling people to look after their own health
-  Promoting healthy behaviours which **reduce, delay and prevent** ill health
-  **Co-production, personalised care and support**, meeting the needs of individuals
-  **Population health management** and better use of data to target efforts
-  **Sustainability of services**, and delivery of the right care models



Carers



Communities



Local Government



Police and Fire



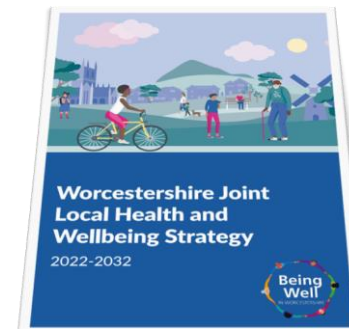
VCSE

## Enabling reduction in:

-  **Healthcare inequalities** - access and outcomes including digital exclusion
-  Days people spend in the **wrong care setting**
-  The time spent **waiting** to access healthcare
-  **Inefficient use of resources** and financial deficits
-  **Avoidable pressures** on services

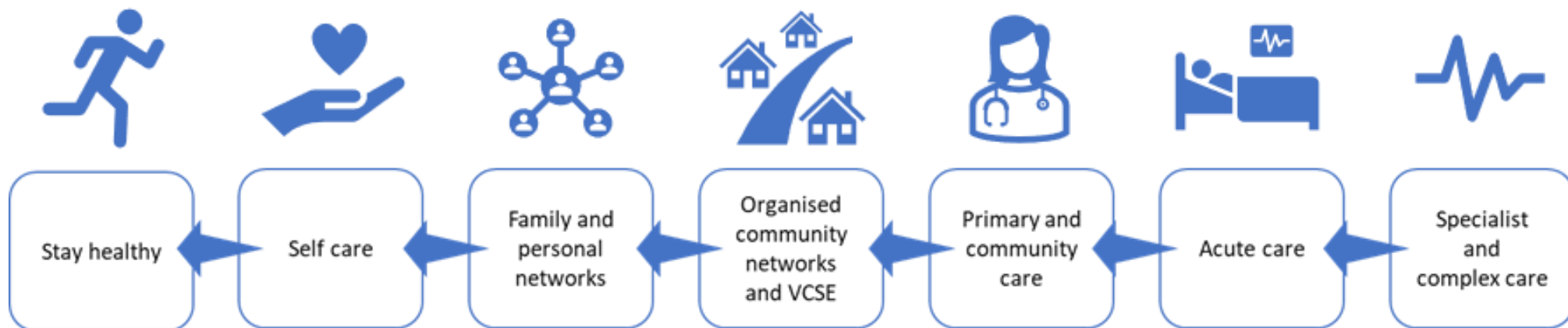


Outlining the NHS contribution to the two Joint Local Health and Wellbeing Strategies.

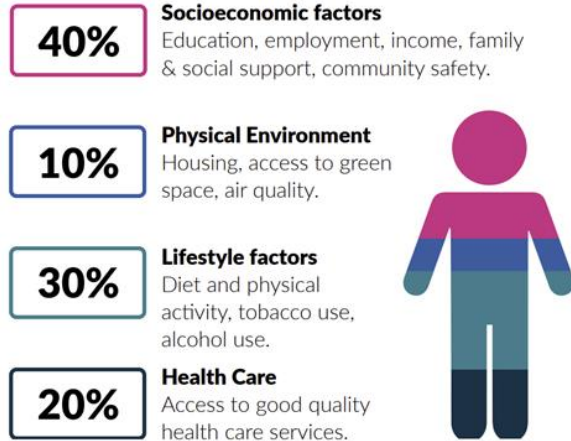


# Shift upstream to more prevention and best care in the right setting

1. Delivering **more effective prevention** activities to reduce demand on services.
2. Treating people in the **most optimal care setting** for their healthcare needs, which is typically on the left side of the spectrum below.

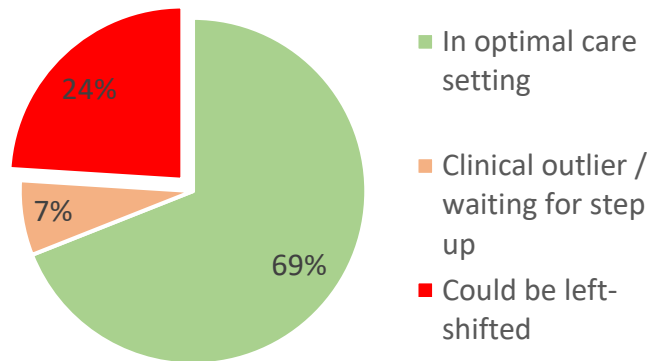


# Why make this shift?



The major focus of the JFP is on driving a shift to a model of healthcare that places greater emphasis on the **importance of preventing ill-health** rather than a focus on treating the symptoms of it.

## Point Prevalence Audit Results



In September 2022 a system wide **Point Prevalence Audit** was conducted to assess the extent to which people in the health and care system are cared for in the most optimal care setting for their needs at the time.

The audit looked at 1,800 people across 83 care settings – including acute beds, community beds, discharge pathways and other home-based care such as community teams and virtual wards.





# Navigating the joint forward plan

The Joint Forward Plan	Appendix 1: Core areas of Focus	Appendix 2: Cross cutting themes
<p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>Relationship to the Integrated Care Strategy</li> <li>Relationship to the Health and Wellbeing Strategy</li> </ul> <p><b>Strategic Context</b></p> <ul style="list-style-type: none"> <li>What is working well</li> <li>The biggest system challenges</li> <li>Operational priorities</li> <li>Creating a sustainable and inclusive workforce</li> <li>The medium term financial plan</li> </ul> <p><b>The core focus</b></p> <ul style="list-style-type: none"> <li>Driving the shift upstream to more prevention and best care in the right setting</li> </ul> <p><b>Navigating the document</b></p> <ul style="list-style-type: none"> <li>Coverage</li> <li>Engagement</li> <li>Implementation</li> </ul>	<p><b>High quality patient centred integrated pathways:</b></p> <ol style="list-style-type: none"> <li>1. Early years, children and becoming an adult</li> <li>2. Elective, Diagnostics and Cancer Care</li> <li>3. Frailty</li> <li>4. Learning disability and autism care</li> <li>5. Long-term Conditions</li> <li>6. Maternity and neonatal care</li> <li>7. Mental health and wellbeing</li> <li>8. Palliative and End-of-life</li> <li>9. Stroke care and cardiovascular disease</li> <li>10. Urgent and emergency care</li> <li>11. Primary Care</li> <li>12. General Practice</li> <li>13. Pharmacy, Ophthalmic and Dentistry</li> </ol>	<p><b>Cross cutting themes for delivering high quality, patient centred care:</b></p> <ol style="list-style-type: none"> <li>1. Quality, Patient safety and experience</li> <li>2. Clinical and professional Leadership</li> <li>3. Health inequalities</li> <li>4. Prevention</li> <li>5. Personalised care</li> <li>6. Medicines and pharmacy</li> <li>7. Working with communities</li> <li>8. Commitment to carers</li> <li>9. Population Health Management</li> <li>10. Digital data and technology</li> <li>11. Greener NHS</li> </ol> <p><b>Strategic system development:</b></p> <ol style="list-style-type: none"> <li>1. Collaborations</li> <li>2. Partnerships</li> </ol> <p><b>Appendix 3: Statutory requirement checklist</b></p> <ul style="list-style-type: none"> <li>National guidance checklist – ICB Duties</li> <li>Joint Local Health and Wellbeing Strategy checklist</li> </ul>

# Development approach

- Built upon partner, stakeholder and community engagement to date, no new specific processes.
- Established and inclusive ICS programme boards owning each specific service area and enabler.



Including a broad range of partners from across Herefordshire & Worcestershire

Worcestershire Acute, Wye Valley, Herefordshire & Worcestershire Health and care, Herefordshire Council, Worcestershire Council, VCSE Partners

# The development process

- System Strategy Leads as “**editorial board**”
- **Sign off** by 4x NHS Boards 2x Primary Care Boards
- **Review** by NHS England
- **Opinions** by 2x Health and Wellbeing Boards

